

Bellevue Massage School

Massage Client Intake Form

Personal Information:

Name: _____ Primary Phone: _____

Address: _____

City/State/Zip: _____

Email: _____

Would you like to receive emails about Bellevue Massage School Student Clinic? ___ YES ___ NO

Date of Birth: _____ Occupation: _____

Emergency Contact: _____ Phone: _____

The following information will be used to help plan a safe and effective massage session.

Please answer the questions to the best of your knowledge.

1. How would you rate the current state of your health? Excellent Good Fair Poor
2. Are you currently under a doctor's care? If so, explain: _____

3. For women, are you pregnant? Yes/No If yes, how far along? _____
4. List other therapies besides conventional medicine in which you are currently participating:

5. Are you taking any medication? If so, what? _____

6. List previous accidents, surgeries or broken bones:

7. Are you experiencing any problems with your body? If so, explain: _____

8. Where is tension most evident in your body? _____
9. Have you experienced massage before? If so, when? _____
10. Do you have any specific goals for our session? _____

You need to know that:

1. I am not a doctor.
2. I do not practice medicine.
3. I do not diagnose or treat for a specific illness.
4. I do not prescribe or adjust medication.
5. Massage is not a substitute for medical treatment, but is a complement to most types of therapy.

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Medical History (Please mark past or current conditions):

- | | | |
|---|--|---|
| <input type="checkbox"/> Abscess or open sore | <input type="checkbox"/> Epilepsy | <input type="checkbox"/> Phlebitis |
| <input type="checkbox"/> Allergies | <input type="checkbox"/> Fatigue | <input type="checkbox"/> PMS/painful menstruation |
| <input type="checkbox"/> Anemia | <input type="checkbox"/> Fibromyalgia | <input type="checkbox"/> Poor Circulation |
| <input type="checkbox"/> Anxiety | <input type="checkbox"/> Headaches | <input type="checkbox"/> Pregnancy |
| <input type="checkbox"/> Arthritis | <input type="checkbox"/> Heart Problems | <input type="checkbox"/> Rheumatoid arthritis |
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Herniated disc | <input type="checkbox"/> Sciatica |
| <input type="checkbox"/> Bursitis | <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Seizures |
| <input type="checkbox"/> Cancer/Malignancy | <input type="checkbox"/> HIV/AIDS | <input type="checkbox"/> Skin sensitivity |
| <input type="checkbox"/> Deep Vein Thrombosis | <input type="checkbox"/> Joint Problems | <input type="checkbox"/> Spinal Curvature Problem |
| <input type="checkbox"/> Depression | <input type="checkbox"/> Low Blood Pressure | <input type="checkbox"/> Stroke |
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Osteoarthritis | <input type="checkbox"/> Varicose veins |
| <input type="checkbox"/> Easy bruising | <input type="checkbox"/> Osteoporosis | |

Other _____

I release Bellevue Massage School and ALL Student Practitioners providing student Massage of all liabilities concerning any and all conditions I, myself, may have. I have provided all my known medical information. I acknowledge that manual therapy is not a substitute for medical diagnosis and treatment. I give my consent to receive treatment.

Signature _____ **Date** _____

By signing this form, I give my consent to a Massage Therapy session. I understand that I may discontinue a session or sessions at any time. If I have been diagnosed by a licensed health professional as having any disease, injury or other physical or mental condition, I understand that I should inform the person who made the diagnosis, about the session I will be receiving, and whether or not I intend to discontinue any treatment or therapy which had been previously ordered, prescribed or recommended by a licensed health professional. I understand that by discontinuing any such treatment or therapy, I assume responsibility for any negative outcome resulting from discontinuing that treatment or therapy.

Signature _____ **Date** _____

Records of your reflexology intake and documentation of your session may be released to Bellevue Massage School by your practitioner as part of his/her efforts to be certified. Any information received will be held in the strictest confidence and will not be released outside the school.

I hereby authorize the student practitioner release my health and documentation records as part of the testing process with Bellevue Massage School.

Signature _____ **Date** _____

Print Name _____

MESSAGE IS NOT A SUBSTITUTE FOR MEDICAL CARE. IF YOU ARE EXPERIENCING ANY SPECIFIC MEDICAL PROBLEM(S) AND HAVE NOT SEEN YOUR MEDICAL DOCTOR, I RECOMMEND THAT YOU DO SO TODAY.